## B.Sc. T.Y. (CBCS Pattern) Sem-V <br> USBCDST-11 - Biochemistry Paper-III : Nutritional Biochemistry

P. Pages : 2


GUG/W/22/13113
Time : Three Hours

Notes : 1. All questions are compulsory.
2. All questions carry equal marks.

1. What is energy input? Describe in detail factor affecting energy input.

## OR

a) Discuss the measurement of energy expenditure by direct calorimetric method.
b) Discuss basal metabolic rate. $\quad 21 / 2$
c) Write a note Recommended Dietary Allowances for different age groups.
d) Discuss the role of nutrients on human health.
2. Discuss in detail Dietary requirements of various nutrients and dietary source of ..... 10
carbohydrates.

## OR

a) Write a note on Essential Fatty Acids. $\quad \mathbf{2 1 / 2}$
b) Write a note on cholesterol in body$2^{1 / 2}$
c) What is Dietary fiber? Discuss role of fiber in lipid metabolism. $\mathbf{2 1}^{112}$
d) Write a note on Monosaturated, Polyunsaturated and Saturated Fatty Acids. $\quad \mathbf{2 1 ⁄ 2}$
3. Discuss in details functions of proteins in the body. $\mathbf{1 0}$

## OR

a) Write a note on Essential and Nonessential amino acids. $\mathbf{2 1}^{\mathbf{1} / 2}$
b) Discuss amino acid pool and its significance on protein metabolism. $\quad \mathbf{2 1 / 2}$
c) Discuss the role of iron in prevention of anemia. $\quad \mathbf{2 1 / 2}$
d) Discuss role of Calcium, Phosphorus on human health. $\quad$ 2½
4. Discuss in detail fat soluble vitamin $\mathbf{1 0}$

## OR

a) Write a note on vitamin B12. $\mathbf{2 1}^{\mathbf{1} / 2}$
b) Give clinical significance of folate. $\quad \mathbf{2 1}^{1 / 2}$
c) Write a note on clinical importance of niacin. $\quad \mathbf{2 1}^{1 / 2}$
d) Explain the role of Vitamin E as antioxidant. $\quad \mathbf{2 1 / 2}$
5. Solve any ten of the following.
i) Define nutrition. ..... 1
ii) What is resting metabolism? ..... 1
iii) Give full form of BMR ..... 1
iv) What is normal blood glucose level? ..... 1
v) Give one example of lipoprotein. ..... 1
vi) Name one disorder which is due to deficiency of any essential fatty acid. ..... 1
vii) Define high quality proteins. ..... 1
viii) Give cause of Kwashiorkor ..... 1
ix) Name the disorder occurs due to Iodine deficiency. ..... 1
x) Give chemical name of vitamin $K$ ..... 1
xi) Give the precursor of Niacin. ..... 1
xii) Give the dietary source of vitamin B6. ..... 1

